

CURRICULUM VITAE

Silvia Micocci

Profession: Psychologist

Date of birth: 15/06/1973

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Work experience

2011-present Nederlands-Exposition-project “**The inner journey of immigrant woman**”
www.animamigrante.nl , already presented in Delft and Den Haag

2003 - present **Private Practise**

Key disciplines practised:

- Psychology
- Psycho-physiological approach
- Integration body-mind, consciousness and modulation of body tensions, body posture, self-image, experiences with imagination
- Art Therapies, creative therapy with a Psycho-physiological approach

2002 - present Founder and teacher at private “The three year School in Art Therapies with a Psycho-physiological approach”, founded by A.E.P.C.I.S. and the Academy of History of the Sanitary Art, A.S.A.S. – Ente Morale Regio Decreto 14/5/1922) in Rome.

Key responsibilities

- Teacher of Art Therapy in discipline of “Psycho-physiological art therapies with clay” and “Weaving in art therapies”
- Supervision of students
- Organisation and co-ordination of specialised workshops
- Development of education materials

2007 - present Organisation and delivery of Art Therapies Multidisciplinary workshops and Permanent learning program with Psycho-physiological approach to social and pedagogical workers, psychologists, teachers, artists promoting with cultural and social associations.

2000 - 2011 Assistant work for the Prof. Vezio Ruggieri of Clinical Psycho-physiology at the University of Rome “Sapienza”.

March-June 2009 Organisation of practical work (1/week) with children and teachers of Primary school; Cesare Battisti, Rome: “The wellness in pedagogical experience as reciprocal listening through art therapy”.

- 2003 – 2006 Execution of a 3-year rehabilitation project (2/week) at “Tarsia”, a therapeutic psychiatric community in Rome. Working in a multidisciplinary team, for adult psychiatric patients combining predominantly the art therapy tools of clay, weaving and body expressive movement.
- 1997 - 2006 Organisation and execution of several pedagogical and educational residential camps with the cultural-educative association ‘Dulcamara’ for primary and secondary schools using art and nature as connective pedagogical medium.
- 2000 - 2003 Rehabilitation-Residential project for "Rosa dei venti", a Therapeutic community for borderline adolescents in Como. Organisation of several activities working in a multi-disciplinary team, combining all disciplines of art therapy in a nature environment.
- Jan-Feb 2003 Special aid teacher, at the secondary school Jean Piaget, Rome
- 2001 - 2002 1. Co-ordination of the social co-operative "Arca di Noè" school’s assistance team for Primary and Secondary schools for disabled children in Rome.
2. Realisation of pedagogical workshops for the children of the service.
- 2001 - 2002 Organisation and set-up of two 2-weeks summer camps for adolescents with A.R.L.A.F. (Roman and Lazio Association of Family Custody) and the cultural-educational association Dulcamara using techniques of art therapy in a nature setting.
- 1999 - 2000 Execution of a project about manual and tactile experience with children with the cooperative "La Foglia" in a very poor district of Rome.
- 1995 - 2000 Didactic-educational organiser of programs for children in a nature setting at the World Wildlife Fund (W.W.F.).

Education

- 2013-present Course in Narrative Coaching Design in Utrecht
- 2000 - 2001 Post-degree examination for Psychology Workability Submission Lazio Psychologist Council, protocol N. 9814.
- 1999 - 2000 Theoretical and practical course: ‘Therapeutic and preventive groups for adolescents with psychiatric pathologies’, SMORRL, Scuola medica ospedaliera di Roma e della Regione Lazio. Valuation: Excellent.
- 1999 - 2000 6 months Apprenticeship with the chair of Psychophysiology (Prof. V. Ruggieri).
6 months Apprenticeship at T.S.M.R.E.E. public health service in ASL RM/F.
- 1992 - 1999 Master’s degree in Clinical and Community Psychology at the University of Rome “Sapienza”. Thesis: "Attachment styles in adults and feet support". Valuation: 110/110 Cum laude.
- 1987 - 1992 Scientific College, G. Peano. Valuation: 58/60, Rome.

Extra curricular education at University of Rome “Sapienza”

- 1999 - 2002 Participation in the group of supervision for clinical psychology, type Balint.
1995 - 2002 Seminars of "Drama-therapy" and "Dance-posture and movement".
1995 Participation of several Practical Guided Experiences:
- Rehabilitation of the look and the posture;
 - Guided daily dream;
 - Autogenic Training.

Languages:

Italian: Mother tongue

Spanish: Fluent in reading, writing and speaking

English: Fluent in reading, writing and speaking

Dutch: level B1

Presentations & Workshops

2003 - present Participation to several conferences in Italy and in Europe, with practical workshops and lectures about Art Therapies, integration body-mind in Art Therapy, wellness and rehabilitation.

Publications

Book: Micocci, S. Dare forma attraverso la creta-Dal dialogo interno al plasmare: possibilità riabilitative, pedagogiche e formative nelle Arti Terapie. (Giving Shape through the Clay - From the internal dialogue to the moulding action: Rehabilitation, pedagogic and educational possibilities in Art Therapy). ed. Alpes, Rome, 2009, 97 p.

Articles:

- 2013 "From moulding clay to feel and modulate the space"-in press- in collaborazione con I.S.B. International Society of Biourbanism
- Micocci S., The therapeutic role of the work with clay, Budapest,
- Micocci, S., Struttura e libertà-Io sono la mia tela. (Structure and Freedom—I am my own texture). Il Politecnico; Art Therapy and the sciences. No. 0, Ed. Ponte Sisto, Rome, 2008.
- Micocci, S., Arazzo narrazione dell’Io. Dalla comunità un arazzo, tracce di particolari percorsi (The tapestry as an Ego narration. A tapestry created by a community, tracks of particular journeys). November-December, Arti Terapie, Rome 2006.
- Micocci, S., Dall’informe argilloso alla consapevolezza (From the unformed clayey to the awareness) No.9/10, year XI, Arti Terapie, Rome, 2005.
- Micocci, S., Tessere-un narrare cromatico, (Weaving: a chromatic narration). March-April, Arti Terapie, Rome, 2002.
- Micocci, S., La tessitura a mano in una prospettiva psicofisiologica (Manual weaving with a psycho-physiological approach) TessereAmano. No. 6 October, Florence, 2002.

Membership/affiliation

2012-present NIP Psycholoog

2011-present Member of NIP (Nederlands instituut voor psychologen)

2009 - present Member of Scientific Committee of “Il Politecnico”: Le scienze, le arti–Artiterapie”, the professional fourth-monthly magazine of A.E.P.C.I.S.

2003 Founder of the private “Three Years Master of Art Therapy with Psycho-physiological approach” through the association A.E.P.C.I.S.

- 2002 Founder and managing board member of A.E.P.C.I.S. (European Association of Clinical Psychophysiology for Social Integration).
- 2000 - present Part of the editing Committee of the magazine "Practica Psicofisiologica", a periodic magazine of clinic research in Psycho-physiology
- 2001 - 2006 Active member Dulcamara, a cultural association of educative research.
- 2000 - 2007 Part of editing Committee of European magazine "Arti Terapie".

Artistic education

- 2007 - 2010 Three years course of "Ceramic", 950 h., S. Giacomo's Ornamental Arts School in Rome, Italy.
- 1994 - 2000 Theatre course with the association "Theatre Art in Movement", in Rome.
- 1994 - 1998 Annual residential workshops (from 1 week to 1 month) of "Artistic-pedagogic education" at the House Laboratory of Cenci, Amelia, and Ohio (US): theatre, singing, dancing with J. Cuesta and J. Slowiack, assistants of J. Grotowski.

Experience as volunteer

- 2014 Basis school 'De Windhoek', Terheijden
- 1996 (Six months in South America) four months in Colombia, in the Reserva Integral Sasardì, meetings with native community, projects of environmental education.
- 1995 One month at S.C.I. (International Civil Service), in Colombia, in the Reserva Integral Sasardì, contribution to several community projects.
- 1994 Five weeks study trip in Guatemala, experiences with the street kids of Guatemala City, with the University of Rome "La Sapienza", faculty of Psychology, with the supervision of the Prof. Gerard Lutte (Psychology of the evolutionary age).
- 1993 One month in Ecuador, with the association VIDES (International Voluntary Service Women Education and Development), in the Inti Churi Incaic community, two laboratories of hand weaving with a group of children and women.